



www.LaserTagGroup.com

PLAYING LASER TAG WITH HEALTH CONCERNS

Laser tag is a walking activity – but it involves high energy and adrenaline. Playing laser tag is generally safe for people of all ages who are in relatively good health. However, you must ultimately be the judge because you have the best knowledge of your health.

If you have the following conditions:

Asthma: Please be aware that we use fog machines in our arenas. The fog we produce in our arenas has been certified to be harmless to people in good health. However, you should be aware that the fog effect may trigger an asthma attack (very rare). It is recommended you carry an inhaler while in our arenas.

Pregnant: Although laser tag is a walking game, it is still played in a "maze" in relative darkness. Please use extra caution when playing -- as players can often bump into each other as they come around blind corners.

Epilepsy: Some of our arenas use strobe lights. All of our arenas are filled with flashing lights. If you have photosensitive epilepsy, we recommend playing with and staying near a friend who can assist you if you need help. Please also let our Game Masters know of your condition so we can keep an eye out for you!

Heart Condition: You will walk quite a bit during the game and may go up and down many ramps. Laser tag is an extremely fun activity that will increase your adrenaline flow and heart rate. Please moderate your play and let a Game Master know if you experience any difficulty.

WARNING!

Playing laser tag will likely be the most fun you have all day.
Please play with your medical condition in mind.
Play Safe! -- Have Fun!

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